



The Navajo Nation
Office of the President and Vice President

CONTACTS:

Jared Touchin, Communications Director
(928) 274-4275

Crystalayne Curley, Sr. Public Information Officer
(928) 274-2758

nnopvp.communications@gmail.com

FOR IMMEDIATE RELEASE
October 10, 2022

Over three-day period, 38 new cases and two deaths related to COVID-19 reported, 29 communities identified with high COVID-19 transmission

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 38 new COVID-19 cases for the Navajo Nation and two recent deaths over a three-day period from October 8 - 10. The total number of deaths is now 1,922. 603,286 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 74,683, including 10 delayed reported cases.

Based on cases from September 23 – October 6, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 29 communities due to high transmission of COVID-19:

Baca/Prewitt	Houck	Mexican Water	Rock Point	Thoreau
Birdsprings	Kaibeto	Naschitti	Shiprock	Tonalea
Chichiltah	Low Mountain	Newcomb	Shonto	Tuba City
Chinle	Lukachukai	Pinedale	St Michaels	Twin Lakes
Coyote Canyon	Manuelito	Pinon	Tachee/Blue Gap	Two Grey Hills
Ganado	Many Farms	Red Lake	Tecnospos	

“We must be cautious with the spread of COVID-19 and Monkeypox. Continue to follow and advise the three w’s to your relatives and friends, such as wear a fitted mask, wash your hands, and watch your distance from others. If you are feeling ill, please get tested, and get necessary treatment if needed. Together, we can prevent the transmission of COVID-19 in our communities,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Our thoughts are with those who are currently fighting COVID-19 and we pray for a speedy and full recovery. Please continue to take precautions while traveling and in public. Be safe and please say a prayer each day for our people, frontline workers, and communities,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

#

For the latest news from the Office of the President and Vice President, please visit <http://www.opvp.navajo-nsn.gov/> or find us on Facebook, Twitter, and Instagram.

THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

October 10, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 99 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing high transmission of COVID-19 advisory for the following communities. The cases reflect dates September 23 – October 6, 2022. The advisory will be in effect until the high transmission and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Houck	Mexican Water	Rock Point	Thoreau
Birdsprings	Kaibeto	Naschitti	Shiprock	Tonalea
Chichiltah	Low Mountain	Newcomb	Shonto	Tuba City
Chinle	Lukachukai	Pinedale	St Michaels	Twin Lakes
Coyote Canyon	Manuelito	Pinon	Tachee/Blue Gap	Two Grey Hills
Ganado	Many Farms	Red Lake	Tecnospos	

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
--	--

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.

- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.